



Jumbo Shrimp Scampi

Heating Instructions: Remove plastic lid.

Heat at 350° for 10-12 minutes or until warm.

SMALL **MEDIUM** **LARGE**

Nutrition Facts Serv. Size: 12 oz per person (369g), Servings: Varied, Amount Per Serving: **Calories** 450, Fat Cal. 160, **Total Fat** 18g (28% DV), Sat. Fat 9g (45% DV), **Trans Fat** 0g, **Cholest.** 90mg (30% DV), **Sodium** 230mg (10% DV), **Total Carb.** 56g (19% DV), Fiber 2g (8% DV), Sugars 4g, **Protein** 14g, Vitamin A (15% DV), Vitamin C (6% DV), Calcium (6% DV), Iron (15% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: SEMOLINA (WHEAT), NIACIN, IRON (FERROUS SULFATE), THIAMIN MONONITRATE, RIBOFLAVIN, AND FOLIC ACID, LEMON SAUCE (HEAVY CREAM (HEAVY CREAM, SKIM MILK, CARRAGEENAN), WHITE WINE, LEMON JUICE, CAPERS, SALT, WHITE PEPPER), SHRIMP, GRAPE TOMATOES, ENRICHED BLEACHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE, RIBOFLAVIN, FOLIC ACID), OLIVE OIL, GARLIC

CONTAINS: MILK, EGG, WHEAT, SHRIMP

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