**Heating Instructions:** Microwave until warm or transfer to an oven proof dish and cover with foil then place in preheated oven @ 350 and heat for approx. 4-6 minutes or until desired temperature

**SMALL ❑ MEDIUM ❑ LARGE ❑**

## Nutrition Facts

Serving Size: 4 oz. (99g)
Servings Per Container: Varied

| Amount Per Serving | |
|---|---|
| **Calories** 120 | Calories from Fat 110 |
| | **% Daily Value*** |
| **Total Fat** 12g | **18**% |
| Saturated Fat 7g | **35**% |
| *Trans* Fat 4g | |
| **Cholesterol** 30mg | **10**% |
| **Sodium** 95mg | **4**% |
| **Total Carbohydrate** 4g | **1**% |
| Dietary Fiber 2g | **8**% |
| Sugars 1g | |
| **Protein** 2g | |

| | | | |
|---|---|---|---|
| Vitamin A 20% | • | Vitamin C 10% | |
| Calcium 2% | • | Iron 4% | |

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

| | Calories: | 2,000 | 2,500 |
|---|---|---|---|
| Total Fat | Less than | 65g | 80g |
| Sat Fat | Less than | 20g | 25g |
| Cholesterol | Less than | 300mg | 300mg |
| Sodium | Less than | 2,400mg | 2,400mg |
| Total Carbohydrate | | 300g | 375g |
| Dietary Fiber | | 25g | 30g |

INGREDIENTS: ASPARAGUS, BUTTER (MARGARINE, BASIL, PARSLEY, TARRAGON, OREGANO, DILL, THYME)
CONTAINS: MILK

1100 94TH AVE N ST. PETERSBURG FLORIDA 33702

# Fresh Asparagus with Herb Butter