



Beef Bourguignon

Heating Instructions: Remove plastic lid.
Cover with foil. Heat at 350° for 15-25
minutes or until warm.

SMALL **MEDIUM** **LARGE**

Nutrition Facts Serv. Size: 12 oz pp (2551g), Servings: Varied, Amount Per Serving: **Calories** 280, Fat Cal. 80, **Total Fat** 9g (14% DV), Sat. Fat 3.5g (18% DV), **Trans Fat** 0g, **Cholest.** 80mg (27% DV), **Sodium** 290mg (12% DV), **Total Carb.** 12g (4% DV), **Fiber** 2g (8% DV), **Sugars** 3g, **Protein** 31g, Vitamin A (60% DV), Vitamin C (10% DV), Calcium (4% DV), Iron (20% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: BEEF, CHUCK, SHOULDER CLOD, SHOULDER TENDER, MEDALLION, SEPARABLE LEAN AND FAT, TRIMMED TO 0" FAT, CHOICE, RAW, BEEF STOCK, POTATOES, ONION, CELERY, CARROTS, MUSHROOMS, WATER, RED WINE, BEEF BASE, KITCHEN BOUQUET SEASONING SAUCE, GARLIC, BAY LEAF, OREGANO, BASIL, TARRAGON

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