Heating Instructions: Remove plastic lid. Cover loosely with foil. Heat at 350° for 25-30 minutes or until warm.

SMALL ❑ MEDIUM ❑ LARGE ❑

Nutrition Facts

Serving Size: 3 oz per person (94g)
Servings Per Container: Varied

Amount Per Serving	
Calories 60	Calories from Fat 20
	% Daily Value*
Total Fat 2.5g	**4**%
Saturated Fat 0g	**0**%
Trans Fat 0g	
Cholesterol 0mg	**0**%
Sodium 0mg	**0**%
Total Carbohydrate 7g	**2**%
Dietary Fiber 3g	**12**%
Sugars 4g	
Protein 3g	

Vitamin A 25% • Vitamin C 100%
Calcium 6% • Iron 10%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: SNOW PEAS, RED PEPPERS, SESAME SEEDS, SESAME OIL

1100 94TH AVE N ST. PETERSBURG FLORIDA 33702

Sesame Snow Pea

GROWING OUR GREENS INSTEAD OF FLOWERS

GLUTEN FREE • GLUTEN FREE • GLUTEN FREE • GLUTEN FREE