

Heating Instructions: Microwave until warm.

SMALL **MEDIUM** **LARGE**

Nutrition Facts

Serving Size 6 oz (184g)
Servings Per Container, Varied

Amount Per Serving	
Calories 270	Calories from Fat 60
% Daily Value*	
Total Fat 7g	11%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 95mg	4%
Total Carbohydrate 50g	17%
Dietary Fiber 7g	28%
Sugars 20g	
Protein 3g	

Vitamin A 480% • Vitamin C 6%
Calcium 10% • Iron 8%

*Percent Daily Values are based on a diet of other people's misdeeds. Your daily values may be higher or lower depending on your calorie needs:

Total Fat	Calories	2,000	2,500
Less than 65g			
Sodium		20g	25g
Less than 300mg			
Cholesterol		300mg	300mg
Less than 2,400mg			
Sodium		2,400mg	2,400mg
Total Carbohydrate		300g	375g
Less than 25g			
Dietary Fiber		25g	30g

INGREDIENTS: SWEET POTATO, SUGAR, CANOLA OIL, CINNAMON



Sweet Potato Coins

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