Heating Instructions: Microwave until warm.

SMALL ❑ MEDIUM ❑ LARGE ❑

Nutrition Facts

Serving Size: 1/4 cup dry (45g)
Servings Per Container: Varied

Amount Per Serving	
Calories 160	Calories from Fat 5
	% Daily Value*
Total Fat 0.5g	**1%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 0mg	**0%**
Total Carbohydrate 35g	**12%**
Dietary Fiber 1g	**5%**
Sugars 1g	
Protein 4g	

Vitamin A 0%	•	Vitamin C 0%	
Calcium 0%	•	Iron 4%	

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: JASMINE RICE, SPLIT BABY GARBANZO BEANS, DAIKON RADISH SEEDS.

1100 94TH AVE N ST. PETERSBURG FLORIDA 33702

Jasmine Rice