

Heating Instructions: Microwave until warm.

SMALL **MEDIUM** **LARGE**

Nutrition Facts

Serving Size: 4 oz (113g)
Servings Per Container: Varied

Amount Per Serving	Calories from Fat 70
Calories 340	
Total Fat 8g	12% Daily Value*
Saturated Fat 7g	35%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 200mg	8%
Total Carbohydrate 62g	21%
Dietary Fiber <1g	2%
Sugars <1g	
Protein 6g	
Vitamin A 0%	Vitamin C 0%
Calcium 2%	Iron 20%

*Percent Daily Values are based on a diet of other people's secrets. You may find these values to be higher or lower depending on your calorie needs:

Total Fat	Calories	2,000	2,500
Less than 5g	Total Fat	5g	5g
Less than 10g	Sat Fat	20g	25g
Less than 30mg	Cholesterol	30mg	300mg
Less than 2,400mg	Sodium	2,400mg	2,400mg
Less than 30g	Total Carbohydrate	30g	375g
Less than 5g	Dietary Fiber	25g	5g

INGREDIENTS: MAHATMA JASMINE RICE, COCONUT MILK, COCONUT MILK, WATER, GUAR GUM), SALT, BAY LEAF, WHITE PEPPER
CONTAINS: COCONUT

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Coconut Jasmine Rice