Heating Instructions: Remove plastic lid. Heat at 350° for 25-30 minutes stirring throughout. May be microwaved.

SMALL ❑ MEDIUM ❑ LARGE ❑

Nutrition Facts

Serving Size: 1 piece (283g)
Servings Per Container: Varied

Amount Per Serving	
Calories 340	Calories from Fat 200
	% Daily Value*
Total Fat 22g	**34**%
Saturated Fat 13g	**65**%
Trans Fat 0.5g	
Cholesterol 65mg	**22**%
Sodium 700mg	**29**%
Total Carbohydrate 31g	**10**%
Dietary Fiber 3g	**12**%
Sugars 2g	
Protein 7g	

Vitamin A 15%	•	Vitamin C 50%
Calcium 10%	•	Iron 40%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: IDAHO POTATO, HEAVY CREAM (HEAVY CREAM, SKIM MILK, CARRAGEENAN), BUTTER (CREAM, SALT), CHEDDAR (MILK, CULTURES, SALT, ENZYMES, ANNATTO (COLOR)), SCALLIONS, BACON BITS, SALT, BLACK PEPPER CONTAINS: MILK

1100 94TH AVE N ST. PETERSBURG FLORIDA 33702

Twice Baked Potato