



Chicken Sausage and Shrimp Jambalaya

Heating Instructions: Remove plastic lid.
Heat at 350° for 12-15 minutes or until
warm.

SMALL **MEDIUM** **LARGE**

Nutrition Facts Serv. Size: 10 oz (283g), Servings: Varied, Amount Per Serving: **Calories** 530, Fat Cal. 110, **Total Fat** 13g (20% DV), Sat. Fat 3g (15% DV), *Trans* Fat 0g, **Cholest.** 150mg (50% DV), **Sodium** 1800mg (75% DV), **Total Carb.** 64g (21% DV), Fiber 3g (12% DV), Sugars 2g, **Protein** 38g, Vitamin A (15% DV), Vitamin C (15% DV), Calcium (10% DV), Iron (15% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: PARBOILED LONG GRAIN WHITE RICE (NIACIN, IRON (ORTHO PHOSPHATE), THIAMIN, FOLIC ACID), DEHYDRATED VEGETABLES (RED & GREEN PEPPERS, ONION, GARLIC, CELERY), SALT, SPICES, AUTOLYZED YEAST EXTRACT, CORN CEREAL SOLIDS, SUGAR, MONOSODIUM GLUTAMATE, NATURAL FLAVORS (HYDROLYZED CORN GLUTEN, PARTIALLY HYDROGENATED SOYBEAN AND COTTONSEED OIL), DEHYDRATED CHICKEN MEAT, CARAMEL COLOR, DISODIUM INOSINATE, DISODIUM GUANYLATE., CHICKEN, SHRIMP, JOHNSONVILLE ANDOUILLE SAUSAGE, SCALLIONS, TONY CHACHERE'S ORIGINAL CREOLE SEASONING

CONTAINS: SHRIMP

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