



Meatloaf with Marinara

Heating Instructions: Remove plastic lid.
Heat at 350° for 15-20 minutes or until warm

SMALL **MEDIUM** **LARGE**

Nutrition Facts Serv. Size: 10 oz. (340g), Servings: Varied, Amount Per Serving: **Calories** 310, Fat Cal. 170, **Total Fat** 19g (29% DV), Sat. Fat 7g (35% DV), *Trans* Fat 0.5g, **Cholest.** 125mg (42% DV), **Sodium** 700mg (29% DV), **Total Carb.** 10g (3% DV), Fiber 2g (8% DV), Sugars 4g, **Protein** 22g, Vitamin A (6% DV), Vitamin C (15% DV), Calcium (6% DV), Iron (15% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: MEATLOAF (GROUND BEEF, GROUND PORK, GROUND VEAL, FRESH BREAD CRUMBS, EGGS, ONION, CELERY, GROUND PORK, VEAL, GROUND, RAW, EGG, WHITE BREAD (ENRICHED WHEAT FLOUR (FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON (FERROUS SULFATE, REDUCED IRON), THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, YEAST, SALT, SOYBEAN OIL, SUGAR, MALT, DOUGH CONDITIONERS (ASCORBIC ACID, CALCIUM SULFATE, SODIUM STEAROYL LACTYLATE), CALCIUM PROPIONATE (PRESERVATIVE)), ONION, CELERY, RED PEPPERS, GREEN PEPPERS, WORCESTERSHIRE SAUCE (DISTILLED WHITE VINEGAR, ANCHOVIES, GARLIC, MOLASSES, ONIONS, SALT, SUGAR, WATER, CHILI PEPPER EXTRACT, CLOVES, NATURAL FLAVORINGS, TAMARIND EXTRACT), KETCHUP (TOMATO CONCENTRATE FROM RED RIPE TOMATOES, DISTILLED VINEGAR, HIGH FRUCTOSE CORN SYRUP, CORN SYRUP, SALT, SPICE, ONION POWDER, NATURAL FLAVORING), SALT, GROUND BLACK PEPPER, GARLIC, BASIL, TARRAGON, OREGANO), MARINARA SAUCE, ANGELA MIA
CONTAINS: EGG, WHEAT

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