**Heating Instructions:** Remove plastic lid
Heat at 350° for 15-20 minutes or until warm.

**SMALL ❑ MEDIUM ❑ LARGE ❑**

## Nutrition Facts

Serving Size: 10 oz (283g)
Servings Per Container: Varied

| Amount Per Serving | |
|---|---|
| **Calories** 640 | Calories from Fat 490 |
| | **% Daily Value*** |
| **Total Fat** 54g | **83**% |
| Saturated Fat 32g | **160**% |
| *Trans* Fat 1.5g | |
| **Cholesterol** 190mg | **63**% |
| **Sodium** 220mg | **9**% |
| **Total Carbohydrate** 32g | **11**% |
| Dietary Fiber 2g | **8**% |
| Sugars 5g | |
| **Protein** 9g | |
| Vitamin A 40% • | Vitamin C 45% |
| Calcium 20% • | Iron 35% |

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

| | Calories: | 2,000 | 2,500 |
|---|---|---|---|
| Total Fat | Less than | 65g | 80g |
| Sat Fat | Less than | 20g | 25g |
| Cholesterol | Less than | 300mg | 300mg |
| Sodium | Less than | 2,400mg | 2,400mg |
| Total Carbohydrate | | 300g | 375g |
| Dietary Fiber | | 25g | 30g |

IDAHO POTATO, HEAVY CREAM (HEAVY CREAM, SKIM MILK, CARRAGEENAN), CHEDDAR (MILK, CULTURES, SALT, ENZYMES, ANNATTO (COLOR)), ENRICHED BLEACHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE, RIBOFLAVIN, FOLIC ACID), CANOLA OIL, NUTMEG, SALT, GARLIC, THYME, WHITE PEPPER **CONTAINS: MILK, EGG**

1100 94TH AVE N ST. PETERSBURG FLORIDA 33702

# AuGratin Potatoes